



ΝΑΥΤΙΚΟΣ ΟΜΙΛΟΣ ΕΛΛΑΔΟΣ

## Team Race Center Circuit 2022

5-6/3  
26-27/3

### SAILING INSTRUCTIONS

Abbreviations:

PC – protest committee	RC – race committee
OA – organising authority	NA – national authority
RRS – racing rules of sailing	SI – sailing instructions
IJ – International Jury	NoR – notice of race

#### 1. RULES

- 1.1 The races will be governed by the rules as defined in the Racing Rules of Sailing, including Appendix D.
- 1.2 Approved non-inflatable Personal Flotation Devices (PFDs) shall be worn at all times while on the water by competitors, other than for brief periods while adding or removing clothing. This changes RRS 40 and the preamble to the Part 4 Rules. PFDs shall be worn outside of all clothing and under team identification bibs. Team identification bibs shall be worn outside of all clothing and PFD.
- 1.3 No boat shall discharge any trash over the side. Any boat observed doing so by the umpires or the race committee will be subject to such penalty as the protest committee may impose, including loss of race wins from one or more races. This changes RRS 55 and 64.1(a).
- 1.4 In case of conflict between the Notice of Race, the Sailing Instructions (SI) will prevail. This changes rule 63.7.
- 1.7 In RRS 66 the third sentence is changed to “A party to a hearing may not ask for a reopening.”
- 1.8 420 Class rules will not apply.
- 1.9 Add new rule D4.8 as follows: “When a competitor withdraws from part of the championship as a result of a Code of Conduct procedure, the scores of all completed races shall stand.”

#### 2. ENTRIES

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Only eligible teams that have been selected or invited in accordance with the Notice of Race may be entered by completing registration with the OA.

### 3. NOTICES TO COMPETITORS

Notices to competitors ashore will be posted on the Official Notice Board located outside of the YCG sports secretary office.

### 4. CHANGES IN THE SAILING INSTRUCTIONS

4.1 Any change in the Sailing Instructions after Friday 4<sup>th</sup> of March, 2022, will be approved by the chief umpire and posted before 0800 hours on the day it will take effect, except the changes made to SI Appendix B will be effective immediately and may be posted at any time. Any change to the schedule requiring racing to begin earlier than scheduled will be posted on the Official Notice Board by 1900 hours, or thirty minutes after the last boat finishes the last race of the day, whichever is later, on the day before the schedule change takes effect.

4.2 In accordance with Rule 90.2(c), any change to the sailing instructions on the water will be communicated orally to each boat by the race committee and/or umpires.

### 5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the flag pole located at the YCG premises.

5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the Race Signal AP.

### 6. BOATS PROVIDED BY THE ORGANIZING AUTHORITY

6.1 420 type boats will be provided for competing teams and are to be sailed as supplied. All fittings or equipment designed to be adjusted may be adjusted. Rake, rig tension, and the mainsheet traveler may be adjusted but not while racing. Shroud safety plates shall not be tampered with. Races shall not be postponed for competitors making rigging adjustments unless at the direction of the Boatswain. Only telltales and adhesive (non-Duct-tape) may be added to boats. Sails shall not be perforated. Running rigging and fittings shall be used for their intended purposes only. All equipment supplied shall be carried aboard while racing.

6.2 Competitors are responsible for inspecting their assigned boats before each race for possible breakdowns and missing equipment. Discrepancies must be resolved immediately.

6.3 Competitors shall not take any additional gear, rigging or equipment aboard their assigned boats except: red flags, sponge and/or bailer, knife, small pliers or vice grips, utility tool such as a Leatherman, telltales, one spare shackle, clevis pins and ring dings, adhesive



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tape (non-Duct tape), drinking water, corrector weights and securing line, PFDs, and personal gear.

6.4 Competitors shall report any damage, breakdown, or loss of equipment, however slight, to the regatta representative managing rotations on the changing dock immediately upon returning the boat. Compliance with this instruction is required regardless of whether a scoring change for a breakdown is being requested.

6.5 Each team will be charged a 200 Euros damage deposit. This changes the NOR. Any team found responsible by the organizing authority for causing damage will have the amount of the damage (as reasonably determined by the OA) charged to their credit card. Any damage or loss which cannot be identified as having been caused by a specific team will be charged equally to the credit card deposit of all teams. Significant damage attributable to a team may require that the deposit be restored in whole before participation by that team continues.

## 7. SCHEDULE OF EVENTS

The proposed schedule of events is:

### Saturday (each)

0930 -1000 Competitor Check-in  
1030 Competitor Briefing  
1100 First Warning  
After Racing Umpire/Competitor Debriefing

### Sunday (each)

1030 Competitor Briefing  
1100 First Warning signal  
After Racing Awards ceremony

It is strongly suggested that competitors do not plan on leaving the regatta venue until after 1800 on Sunday, June 10th, 2018. Competitors will be responsible for de-rigging the boats prior to the awards ceremonies.

## 8. REGATTA FORMAT AND NUMBER OF RACES

8.1 The regatta format and number of races will be determined by the OA, Principal Race Officer (PRO), and chief umpire and will be based on the number of teams registered and the weather conditions.



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8.2 The format to be sailed is described in SI Appendix B. The starting order of teams and the boat rotation will be posted on the Official Notice Board.

8.3 The OA, PRO, and chief umpire may terminate or alter the format in progress, and institute arrangements to conclude the championship and determine a winner. If time, wind, weather, or other contingencies make the completion of more than 79% of a current or an additional scheduled round robin or stage impractical, the regatta may be terminated and the results based on the standings at the completion of the immediately preceding round robin(s) or stage. This changes D4.2 (a).

8.4 The race committee may decide not to run a re-sail if the result of that race is not relevant to the progress of any team in the event.

### 9. RACING AREA

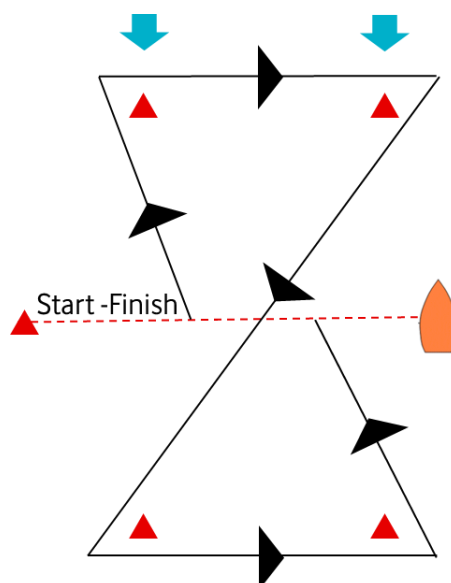
The racing area will be in front of the YCG clubhouse, Saronic gulf.

### 10. MARKS

Turning marks will be white pyramids. The start and finish mark will be green pyramid.

### THE COURSE

The intended course is as shown below. Courses will not be shortened.





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### 11. THE START

11.1 RRS 26 and 27.1 are changed. The races will be started as follows:

Signal	Min. before starting signal	Sound Signal	Visual Signal	
Warning displayed	3	One	Numeral pennant	1
Preparatory	2	One	Code flag P displayed	
One-minute	1	One	Code flag P removed	
Starting	0	One	Numeral pennant removed	

11.2 Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded. If more than one race will be sailed, the starting signal for a race shall be the warning signal for the next race started.

11.3 The starting line will be between a staff displaying an orange flag on a race committee boat at the starboard end and the course side of a green pyramid mark at the port end.

### 12. RECALLS

12.1 Individual recalls will be made in accordance with Rule 29 modified to require that flag X be displayed.

12.2 Flag X will be displayed for no longer than one minute after the starting signal. This changes rule 29.1.

### 13. CHANGES OF THE NEXT LEG OF THE COURSE

The race committee may move any mark of the course, provided no boat is on the leg the mark terminates; however, the race committee may move a finish mark provided that no boat is more than halfway up the final leg of the course. Rule 33 will not apply.

### 14. TIME LIMIT AND ABANDONMENT

14.1 If no boat has finished within thirty minutes of the start, the race will be abandoned. Boats failing to finish within ten minutes after the first boat that sails the course and finishes will be scored equal to the number of boats entitled to race without a hearing. This changes Rules 35, 63.1, A4, A5, and D3.2.

14.2 Abandonment may be signaled orally by the race committee and/or the umpires. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes Rule 32 and Race Signals.

### 15. THE FINISH



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The finishing line will be between a staff displaying an orange flag on a race committee boat and a green pyramid buoy.

### **16. UMPIRING**

The regatta shall be umpired. Teams shall provide their own red protest flags measuring at least 8 X 8 inches. Each team's flags must be inspected and approved by the chief umpire or a representative at check-in.

### **17. PROTESTS AND REQUESTS FOR REDRESS**

17.1 For protests not involving a rule listed in rule D2.2, competitors shall inform an umpire or the race committee at the finish or at the first opportunity prior to rotating boats or going ashore.

17.2 The umpires will, when appropriate, attempt to hear protest, requests for redress, and requests for scoring changes while afloat.

17.3 Should a protest, redress, or scoring change hearing ashore be necessary, the time, place and nature of the hearings will be posted on the Official Notice Board no later than 30 minutes after the race committee signal boat docks.

### **18. PROCEDURES FOR PROTECTED COMPETITION**

18.1 Protest committees shall include 20% "sailor-athlete" representation. "Sailor-athlete" is an active YCG student.

18.2 Any boat that is a party to a redress hearing may be represented by up to two individuals.

18.3 If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor's preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.

### **19. MINIMUM CREW WEIGHT AND WET CLOTHING**

19.1 The combined weight of each six-person team shall not be less than 390 KG. Each team whose combined weight is less than this amount shall carry penalty weight while racing. The amount of penalty weight will be one KG of corrector weight for each KG of combined crew weight less than 390 KG. Penalty weights shall be distributed among the boats of a team to make the combined weight of skipper and crew of each of the three boats as even as practicable. The OA, on request, may approve a more equitable distribution.

19.2 Each team with a combined crew weight less than 390 KG shall be responsible for supplying its own corrector weights. Only water in sealed jugs will be acceptable.



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Competitors shall carry the penalty weights in every race, from boat to boat, and shall secure them in the cockpit of each boat.

19.3 Competitors will be weighed at check in on the scale provided. Competitors will be weighed in dry swimming attire or light clothing with empty pockets.

19.4 Competitors are subject to weight inspection by the umpires to check compliance with this Sailing Instruction.

## 20. PRIZES

There will be trophies for all members of the 1st, 2nd and 3rd placed teams of each event. The same applies for the event series.

## SI ATTACHMENT A - PENALTIES FOR DAMAGE RESULTING FROM CONTACT BETWEEN BOATS RACING

SI 1.15 permits the umpires to decide the penalty for breaking Rule 14 when there is damage. This document explains how damage will be assessed and gives guidance on the appropriate level of penalty. The Protest Committee may still apply a different penalty if it has good reasons to do so. This process to determine penalties for damage is intended to:

- Minimize damage, to keep costs down, and avoid delays while boats are repaired.
- Ensure that penalties are consistent and fit the breach.

<b><u>Damage Levels Level</u></b>	<b><u>Extent</u></b>	<b><u>Effect</u></b>
Level A – Minor Damage	Up to 1 man-hour to fix	Boat may race without repair
Level B – Significant damage	More than 1 and up to 5 man-hours to fix	Boat may need some (temporary) work before racing again
Level C – Major Damage	More than 5 man-hours to fix	Significant work required before racing again

### Penalties

Penalties may be given by the umpires on the water for breaches of Rule 14. Any penalties are deducted from one boat's or both boats' team's total race wins for the stage in which the damage occurred.

In the event that both the right of way and keep-clear boats are penalized under Rule 14 in a knock-out stage, the penalties are offsetting and will be disregarded for scoring purposes.



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<u>Level</u>	<u>Race-Win Penalty</u>
A	No Penalty
B	½ point
C	1 point

### **Deductions from Damage Deposits**

Any deductions from damage deposits are a matter for the Organizing Authority and do not affect any race win penalties applied by the umpires or protest committee. Subsequent assessments of the damage level after further inspection, whether the level turns out to be higher or lower, will have no effect on the race-win penalty given on the water.

### **SI Attachment B Racing Format**

At conclusion or termination of a stage, the organizing authority may proceed to any subsequent stage.

#### Stage 1A – Qualifying Series

- A round robin of all 6 teams.
- Wins will be worth 1 point.
- One complete round robin is required to constitute a championship.

#### Stage 1B – Qualifying Series

- A round robin of all 6 teams, time permitting.
- Wins will be worth 1 point.

#### Stage 1C – Qualifying Series

- A round robin of all 6 teams, time permitting.
- Wins will be worth 1 point.

#### Stage 2A – Gold/Silver Initial Seeding Series

- 1 round robin, time permitting, of teams ranked 1-3 after Stage 1.
- 1 round robin, time permitting, of teams ranked 3-6 after Stage 1.
- Scores will be brought forward from the previous stage.
- Wins in the Gold Seeding Series will score 1.5 points.
- Wins in the Silver Seeding Series will be worth 1 point.
- At the end of this series, all teams will be ranked based on cumulative points

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### Stage 2B – Gold/Silver Second Seeding Series

- 1 round robin, time permitting, of teams ranked 1-3 after Stage 2A.
- 1 round robin, time permitting, of teams ranked 3-6 after Stage 2A.
- Scores will be brought forward from the previous stage.
- Wins in the Gold Seeding Series will score 1.5 points.
- At the end of this series, all teams will be ranked based on cumulative points and the top 8 teams will advance to a subsequent stage (3, 4 or 5) depending on time and conditions.

### Stage 3 – Knockout Quarter Final Series – Top 4 Teams

- The highest ranked based on cumulative points will select their opponent for the quarterfinal knockout. The next highest ranked remaining team will then select their opponent for the quarterfinal knockout and so on until all teams are selected.
- These pairs of teams will sail a knockout series against each other.
- The winner of each quarter final will be the first team to win 2 races.
- Scores will not be brought forward from the previous stage.
- The winner of each quarterfinal stage will advance to Stage 4.

### Stage 4 – Knockout Semi Final Series – Top 2 Teams

- The highest ranked team from the previous stage 3 will sail the lowest remaining seed. The remaining 2 teams will sail against each other.
- If Stage three did not occur, the highest ranked team will sail the lowest ranked team.
- Each pairs of teams will sail a knockout series against each other.
- The winner of each semifinal final will be the first team to win 2 races.
- Scores will not be brought forward from the previous stage.

### Stage 5 – Knockout Final Series & Petit Final Series

- The winning teams from each Knockout Semifinal series will sail in the Knockout Final Series. The other teams from the Knockout Semifinal Series will sail in the Petit Final Series if time and conditions permit.
- Each pairs of teams will sail a knockout series against each other.
- The winner of the Final Series will be the first team to win 3 races.
- The winner of the Petit Final Series will be the first team to win 2 races.
- Scores will not be brought forward from the previous stage.